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In tandem with her publishing and editorial work, Rold teaches Comparative Politics and Political Science at Northeastern University's College of Professional Studies. At Northeastern, she has also served as Director of the Cyprus Program and co-Director for the Egypt Program for Northeastern's Dialogue of Civilizations Initiative. In Washington, DC, Rold has worked with a number of organizations including the Center for Strategic and International Studies (CSIS), the UN Foundation (UNF), and the U.S. Institute of Peace (USIP).

Rold received a Master's in International Peace and Conflict Resolution, with a focus on the negotiation of Peace Treaties and Alternative Dispute Resolution at American University and a Bachelor's Degree in International Affairs at Northeastern University.

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